



HAZELWOOD EARLY CHILDHOOD

Family Support PBIS Newsletter



APRIL: "TAKE CARE OF YOUR WORLD" MONTH

Practicing Spot's Rules

Take Care of Your World at HOME by:

- Planting flowers or trees.
- Going on a walk in your neighborhood and picking up trash.
- Save gas by walking to your neighborhood park rather than driving.
- Recycling plastic bags at your local grocery stores.
- Drink water out of a cup rather than a plastic water bottle.

Take Care of Your World at SCHOOL by:

- Picking up trash around our school or playground.
- Recycling paper in the blue recycle bin.

Behavior Tips for Dining Out

- ★ Make a "restaurant bag" full of toys, coloring books, stickers, etc. that you child only has access to when you go out. That way the contents are new and exciting and will keep their attention. Offer the items one at a time as they get bored with the previous one.
- ★ Talk with your child about restaurant behavior prior to going. Make rules short and meaningful to your child (Ex: Use an inside voice. Say in your seat. Keep your food on your plate.) Offer a dessert or movie with you if they follow the rules.
- ★ Give your child verbal praise and attention throughout the meal if they are following the rules. Positive attention is very motivating.
- ★ Set your child up for success. Pick a time to go out to dinner when your child is rested and has had the opportunity to get some gross motor exercise so they are more likely to remain seated and be in a cooperative mood.

Books & Videos for Teaching "Take Care of Your World"

I Can Save The Earth- Children's Book:

<https://www.youtube.com/watch?v=2Mkwhe6LOBo>

[I Love My Planet](#) | [The Earth Song for children | HiDino Kids Songs](#)

[Keep your surrounding clean](#) | [Good Habits for kids](#) | [Moral Stories](#) | [Polly Olly](#)



Community Resources for Grief Support

- [Annie's Hope – The Center For Grieving Kids » Programs & Services](#)
- [Community Grief Support | BJC Hospice](#)
- Bereaved Parents- <https://bpusastl.org/>
- [Healing Hearts Grief Support - Counseling Agency - OpenCounseling](#)